Mixed Greens,



Great Reviews

Fresh Al's Salads

Don't do fast food - do fresh food instead!

We make our salads fresh daily, using premium ingredients in appetizing combinations. The selection varies by day, so if you're tired of fast food lunch choices, drop by our delicatessen and enjoy grab 'n go convenience to get in and out the door fast!



BLUE BUFFALO SALAD

Hearty buffalo chicken tenders, blue cheese and croutons crown crisp lettuce, tomato wedges, and sweet onion to produce a satisfying salad.



7-LAYER SALAD

A traditional favorite now available to feed just one: layered lettuce, Amish Peas & Cheese, green pepper, bacon, cucumber, tomato and cheddar.



CHICKEN OR SHRIMF CAESAR SALAD

Hearts of romaine anchor chicken fajita strips or shrimp, tomatoes, cucumber and croutons. Topped with shredded parmesan cheese.



SALMON CAESAR SALAD

Smoked maple sockeye salmon gives this caesar salad a healthy edge, plus all the goodness of our other caesar salads' cheese, cucumbers & tomato.



SOUTHWESTERN BEEF SALAD

Fajita beef, crunchy tortilla strips and shredded cheddar on romaine, with sweet onion and tomato all combine to make a filling and memorable meal.



MANDARIN SPINACH SALAD

A healthy blend of tender fresh spinach, topped with sweet colorful mandarin oranges, sliced almonds, feta cheese and red onion.



WOODS SALAD

Mother Nature would love our sliced green apples on a bed of spring mix lettuce, sprinkled with walnuts, dried cherries and a little blue cheese, too.



FRESH GARDEN SALAD

For the purist! A crisp iceberg lettuce salad featuring crunchy green bell pepper and cucumber slices, and big juicy tomato wedges.